

A plan to make your health services better

Update 8: June 2021



We are Southern Health.

We are working to make our learning disability health services the best they can be.



We set up a planning group called the 'Programme Board' to help make this happen.



Service users, carers, our staff, the people who buy our services and social care teams are all part of the Programme Board.



After every Programme Board meeting, we want to share some news about the good work that is happening. The next pages contain this latest news.



We are making sure Southern Health services are the right services, which people need and want.

We are looking at how much money is spent on our services and who can use them. This first part of our work is called the ‘Service Specification’. (‘Specification’ means a detailed description). It is being led by our healthcare commissioners. This is because they pay for Southern Health’s learning disability services.



This part has taken longer than we hoped because of coronavirus and some big changes to how our commissioners work. But we are now planning to have a first version of the Service Specification ready next month, so that we can start using it **in the autumn.**



From this first part of our work, we have made a plan for the future. It looks at 5 main things:

1. How learning disability services work alongside other NHS/social services
2. How to stop people getting into crisis and helping them when they do
3. Making sure care is focused on individual needs
4. Having specialist support for people with the most complex needs
5. How to make sure the service is the best quality it can be and keeps improving.



We set up 5 smaller ‘working groups’ to look at each of the 5 parts of the plan. Each group met recently to discuss their part of the plan. More than 12 people, including service users and carers, came to each meeting to share their ideas.



The next step is for all these ideas to be put together and agreed by the Programme Board. This is being done later this month, in June.



We are also working on some projects which can improve services straight away.



- The first one is being tested in East Hampshire. We are looking at when and how NHS staff can work together more, to support service users. This will help people with complex needs, who need lots of help from different healthcare professionals.



We recently asked service users and carers to fill in a survey (a survey is a list of questions to find out what people think). The survey was about how things were. We will ask them to do it again after we have finished making all the changes, to see what things have got better. We will then make the same changes to all our learning disability teams.



- The second project is about making health and social care services work more closely, for people with a learning disability in the Southampton area.



To make this a success, we have asked for some extra money from healthcare and social care commissioners, and a decision will be made soon about this.



- The third project has two parts – one is called ‘Trauma Informed Care’ and the other is called ‘Least Restrictive Practice’.

The first part called ‘Trauma informed Care’ is about giving service users extra help if they have had an upsetting time in the past.



The second part called ‘Least Restrictive Practice’ is about keeping people out of hospital and helping service users to be as independent as they can be.

We will be asking healthcare and social care commissioners for some money so we can start this project soon.



- The last two projects are about working more closely with GPs and also making sure we have the right number of staff where people need them. This is because people in different parts of Hampshire need different amounts of help with their healthcare.



These projects haven’t moved forward very much recently. This is because the person who is leading them has been on a ‘secondment’ which means he has had to work somewhere else for a while.



These projects should start up again at the end of July.



That is the end of this update.
Do you have any questions?



If you want to talk about the plan, you can call Celia Scott-Molloy on: 02380 874461.



If you want more detailed information about the Programme Board you can call Rob Guile on: 02380 874461.



We will update you again about how we are getting on with the plan.